

**“Current topics  
and controversies  
in Nutrition”**

**The Annual  
Conference of the  
Delaware  
Dietetic  
Association!**

**Friday, May 10th,  
2013  
7:00am - 4:00pm  
(Program Begins at  
7:45am)**

**Executive Hall and  
Banquet Center  
Newark, Delaware**

**Accreditation**

**6 hours of CPE credits have been approved  
by the Commission on Dietetic Registration**

**Delaware  
Dietetic Association**

**eat**  
**right.** an affiliate of the  
Academy of Nutrition and Dietetics



# Program Agenda

**7:00-7:45am:** Registration and Continental Breakfast

**7:45-8:00am:** Welcome and Announcements

**8:00-9:00am:** Paul Richard Thomas, EdD, RD “Dietary Supplements: The Makers, the Takers, and the Science” *Sponsored by NIH (Learning Need Code 2090)*

**9:00-10:00am:** Mary Lee Chin, MS, RD “Communication Training” *Sponsored by PA Beef Council (Learning Need Code 1130)*

**10:00-10:30am:** Break for exhibitors

**10:30-11:30:** Kay Mavco, MS, RD, LD “Public Policy” *(Learning Need Codes 1080,1070)*

**11:30-11:45am:** Business meeting and awards

**11:45am-12:45pm:** Buffet lunch, Networking, Silent Auction (bring your checkbooks or cash if interested in participating in the auction), Exhibits and Posters.

## **Breakout Session:**

**12:45-1:45pm:** Carolyn Tempe, MS, RD, LDN, CDE “Settling the soy controversy” *Sponsored by Vegetarian Nutrition DPG (Learning Need Codes 2010, 4000, 4110, 5000)*

**12:45-1:45pm:** Sharon Collison, MS, RD, LDN, CSSD “Hot Topics in Sports Nutrition” *(Learning Need Codes 2110, 4060)*

**1:45-2:45pm:** Dr. Charlene Compher, PhD, RD, CNSC, LDN, FADA “How to Assess Malnutrition in the Obese Population” *(Learning Need Codes 3020,3000,5370)*

**2:45-3:00pm:** Break in exhibit room


## **Breakout Session:**

**3:00-4:00pm:** Michele Nicholo, MS, RD, Doctoral Student “Malnutrition Guidelines per ASPEN” *(Learning Need Codes 3000, 5370)*

**3:00-4:00pm:** Mary Trotter MS, RD, LD “Kids Healthy Vending” *(Learning Need Code 4010)*

**4:00-4:15pm:** President Elect Closing Statements





The Delaware Dietetic Association would like to thank all of our sponsors and exhibitors for their participation in the 2013 Annual Conference.

Questions about the conference?

Contact Deepthi Harkar at [deepthi.harkar@gmail.com](mailto:deepthi.harkar@gmail.com)

Raffle winners/Silent Auction winners announced at the end of the conference.

Although it is spring, please bring a sweater as the conference room may be cold.

A mother's room will be available.

**Each person who brings a canned food item that will be donated to the Food Bank of Delaware will be given a raffle ticket for a chance to win a prize!**


### **Directions to Executive Hall and Banquet Center**

205 Executive Dr  
Newark, DE 19702

#### **From Baltimore, MD**

1. Take I-95 North towards New York
  2. Take exit 1 for Delaware 896 S toward Middletown 0.3 mi
  3. Merge onto DE-896 S/S College Ave 1.7 mi
  4. Turn right onto Executive Dr
- Destination will be on the left

#### **From New York**

1. Take the I-95 S exit toward Turnpike S 0.7 mi
  2. Continue on the ramp and merge onto I-95 S 43.8 mi
  3. Continue onto New Jersey Turnpike S 59.8 mi
  4. Continue onto US-40 W 0.6 mi
  5. Merge onto I-295 S - Entering Delaware 6.6 mi
  6. Merge onto I-95 S 8.9 mi
  7. Take exit 1A to merge onto DE-896 S/S College Ave toward Middletown/US-301 2.3 mi
  8. Turn right onto Executive Dr Destination will be on the left 0.5 mi
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## Registration Information

**Online (credit card) registration is also available by using the link on the  
DDA website: [www.dedietassn.org](http://www.dedietassn.org)**

To guarantee registration, this form must be postmarked on or before April 30<sup>th</sup>, 2013  
Registration includes breakfast, lunch, snacks and conference materials.

Member \$100.00

Non Member \$140.00

Student \$60.00

Late and onsite registration on or after May 1st will have an additional fee of \$15.00.

Please complete the following:

Name \_\_\_\_\_

ADA Member # \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_

Phone # \_\_\_\_\_

Amount Enclosed \_\_\_\_\_

Please detach and send with a check (made payable to DDA) to:

Deepthi Harkar

152 McCormick Blvd, Newark, DE 19702